### **Annual Sports Report 2023-2024**



Estd: 2006

It gives us an immense pleasure in presenting the Annual Sports Report of Govt. Degree College Tissa (H.P.) for the academic year 2023-2024. Games and sports are an integral part of a student's life. They not alone assist in developing the body's physical fitness but also mental health. A student gains different abilities, experience and trust through participation in sports and games, which in turn help develop their personality. It is necessary to have a sports activity adopted to have better productivity and focus.

8<sup>th</sup> Annual Athletic Meet: Govt. Degree College Tissa organized its 8<sup>th</sup> sports meet on 9<sup>th</sup> march 2024. The athletic meet was inaugurated by chief guest Dr Vidya Sagar, Principal Govt college Chamba, addressed the students and wished them luck. The meet was grand success with many events i.e. long jump, high jump, rassa-kasi, running, javelin throw, disc throw, shot put etc. being conducted for students and staff members.









## **Inter-college University championship**

The session 2023-2024 began with the selection trials for various categories of sports and formation of official incharge followed by participation inter-college tournaments and other relevant sports events conducted by HPU-Shimla. GDC Tissa Participated in various events as mentioned in Table.

Sr. No.	Name of Sports Event	Venue
1	Chess (M)	Govt College Amb
2	Kabaddi (M)	Gautam College Hamirpur
3	Wrestling (M)	Gayatri College of Education, Kangoo





Achievements: In wrestling, Pawan kumar, B.A. 1 year won Bronze medal (Category=57 kg)



Principal GDC Tissa